PERFORMING AN **ALIYAH** TO THE TORAH

**Instructions:**

1. The Cantor will announce the *aliyah* to the congregation and invite you by name to come up to the bema (where the Bar or Bat Mitzvah is standing).

2. Please ascend quickly and stand at the right of the Bar or Bat Mitzvah, next to the Rabbi. The Rabbi will have a laminated copy of the Torah blessings, similar to the one on page 2 of this guide.

3. You may touch the Torah with your tallit, prayerbook, or the Torah belt on the lectern. This is a traditional custom giving honor to the Torah. Touch the Torah at the place where the reading will begin, then kiss that object (the tallit, prayerbook or Torah belt).

4. Read or chant the first blessing in Hebrew, or if you can’t read Hebrew, you may recite the blessing in English, using the English translation.

5. After you read or chant the first sentence, the congregation will respond with the second sentence.

6. Repeat the second sentence, and then continue the blessing. If you simply follow the blessing card, reciting all the Hebrew that is there, you will be fine.

7. Stay to the right of the Torah reader while he or she then reads or chants the selection from the Torah.

8. At the conclusion of the reading, you may touch the end of the Torah text using a tallit, prayerbook or Torah belt, if you wish, and then kiss it.

9. Read or chant the concluding blessing.

10. After you are congratulated, move to the other side of the lectern, standing next to the cantor to watch the next aliyah ritual.

11. At the conclusion of the next aliyah, you may return to your seat.

Thank you for performing this Mitzvah!

*To help you learn the blessings, please visit our website at www.templeredefshalom.org. Choose the Lifelong Learning Menu, then you’ll find the “For Aliyah Participants” under the B’nai Mitzvah menu choice. Download the audio recording, watch a short video of the aliyah ritual or go to an interactive web site to help you learn the blessings.*
**TORAH BLESSINGS**

**Blessing Before Torah Reading**

Ascend bimah, stand to the right of Torah reader; touch Torah text with Tallit, Siddur or Torah Binder, kiss that object and then recite in Hebrew or English:

**Bar’chu et Adonai ham’vo-rach!**

ברוך אתא נבון ורבך.

(Congregation responds, then you continue:)

**Baruch Adonai ham’vo-rach l’o-lam va-ed**

ברוך אתא נבון לעולמו ועדה

**Baruch Atah Adonai, Eloheinu Melech ha-o-lam, a-sher ba-char banu mi-kol**

ברוך אתה אלי מלך העולם אשר בחר בני вас מעולם

**ha’a-mim, v’na-tan lanu et Torah-to.**

הימים אלה נתנו לנו את התורה.

**Baruch Atah Adonai, no-tein ha-Torah.**

ברוך אתה נתנו תורה.

Praise the One to whom our praise is due!
Praised be the One to whom our praise is due, now and for ever!
We praise You, Eternal God, Sovereign of the universe: You have called us to Your service by giving us the Torah. We praise You, O God, Giver of the Torah.

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**Blessing After Torah Reading**

Upon completion of reading, touch Torah text with Tallit, Siddur or Torah Binder, kiss that object and then recite in Hebrew or English:

**Baruch Atah Adonai, Eloheinu Melech ha-o-lam, a-sher na-tan la-nu Torat emet,**

ברוך אתה אלי מלך העולם אשר נתן לנו תורה מציאות, יעצור נפשנו בשלום.

**v’cha-yei o-lam na-ta b’to-chei-nu.**

ו’חי העולם נתת בשלומה.

**Baruch Atah Adonai, no-tein ha-Torah.**

ברוך אתה נתנו תורה.

We praise You, Eternal God, Sovereign of the universe, You have given us a Torah of truth, implanting within us eternal life. We praise You, O God, Giver of the Torah.

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Move to other side of the lectern, next to the Cantor to watch the next Aliyah performed.