

Introducing Partnership with Family & Child Therapy

TRS Early Childhood Center has partnered with Family & Child Therapy, a private practice in Vienna, to strengthen the social-emotional support available to our students, families, and staff. This partnership allows consultation with a mental health clinician to aide in our goal of supporting children early, in affirming and developmentally appropriate ways, while keeping families informed and involved.

How This Partnership Supports Children & Classrooms

- Support teachers with developmentally-informed strategies
- Increase adaptive skills such as emotional regulation, flexibility, and peer engagement
- Provide early guidance when concerns first emerge

How Families Are Supported

- Clinically-informed observations and participation in parent meetings, when appropriate, to help make sense of what may be showing up at school
- Thoughtful recommendations and warm handoff connections to outside services

Important Information for Families

- Children are not evaluated or diagnosed as part of this collaboration
- The clinician's role is consultative—supporting teachers, attending parent meetings when invited, and offering recommendations. Direct services are not provided.
- Families always have a right to self-determination and whether to pursue services outside of school