

## Nut- and Sesame-Free Policy

TRS ECC works hard to maintain a nut- and sesame-free environment. Due to the severity of a potential allergic reaction, we do not allow nut or sesame products of any kind in the school or outdoor play areas at any time (sesame seeds, hummus, tahini, peanuts, peanut butter, tree nuts, products containing peanut oil, Reese's peanut butter cups, or any items containing sesame, other nuts, or nut products).

Restricted foods include any products with sesame, peanuts, and/or tree nuts as an ingredient or with a cautionary label warning such as "may contain nuts," "manufactured on equipment that also processes nuts," or "produced in a facility that processes nuts."



We make every effort to purchase snack items for the school that have been manufactured in a facility where no sesame or nut products are processed. The challah that is served to the children to celebrate Shabbat is purchased from a kosher bakery that advertises that it is a nut-free facility. If you would like to speak to them about ingredients, please contact the ECC office for the phone number.

**We cannot guarantee that snacks, birthday treats, or lunches brought to school by individual children are safe for allergic individuals.**

Forbidden products include but are not limited to:

- Most granola/energy/breakfast bars
- M&M's and all Hershey's products
- Peanuts
- Tree nuts: almonds, Brazil nuts, cashews, hazelnuts, pecans, pistachios, walnuts, and pine nuts
- Reese's Peanut Butter Cups
- Sandwiches containing peanut butter or Nutella
- Almond or cashew milk
- Products containing peanut or sesame oil
- Sesame seeds
- Tahini
- Hummus

Please do not send food items to school for lunches, birthday snacks, after-school snacks, or other special snacks containing sesame, nuts, or nut products. We cannot have these items in the building as this can create a **LIFE-THREATENING** situation for those children with severe allergies.

[Looking for birthday treat ideas and places to purchase?](#)

[We have a listing online at trsecc.org/parents](http://trsecc.org/parents) (password: parents2526)