







- · CAMPERS ARE REQUIRED TO BRING THEIR OWN LUNCH EVERY DAY (EXCEPT FRIDAYS)
- · COUNSELORS WILL BE CHECKING CAMPER LUNCHES TO MAKE SURE THEY ARE APPROPRIATE FOR CAMP
- THERE IS NO REFRIGERATION OR MICROWAVE ACCESS AT CAMP
  - Please pack a lunch that is sustainable at room temperature and doesn't need to be heated.
- · CAMP RODEF SHALOM IS A JEIWSH CAMP AND ALL LUNCHES MUST BE KOSHER STYLE
  - No Pork
  - No Shellfish

## . LUNCHES MUST BE NUT FREE

- Camp is nut-free, meaning nuts, peanuts, and products in contact with them CANNOT be sent to camp. (Please check ingredient lists thoroughly). Many children in our community have serious, lifethreatening nut allergies and we take their safety very seriously.
- Restricted foods include any products with peanuts and/or tree nuts as an ingredient or with a cautionary label warning such as "may contain nuts," or "manufactured on equipment that also processes nuts," or "may contain nut traces."
- Counselors will check lunches daily, remove any suspicious products, and bring them to the main office. If your camper's lunch is removed, you will be contacted to provide a replacement. Backup food is available if you cannot provide a replacement.

## . ON FRIDAYS, WE SERVE PIZZA BUT YOU SHOULD BRING SIDES/SNACKS.

- We order pizza from Voccelis.
- Gluten free and Dairy free pizza is available.

## . TRAVEL CAMP FIELD TRIP LUNCHES

- Some field trips include lunch.
- On days when lunch is not included please pack a disposable bag lunch.
- · NO LUNCHES MAY BE PURCHASED ON FIELD TRIPS (TRAVEL CAMP HAS SOME EXPECTATIONS)