

Birthday Celebration Treat Ideas

TRS ECC is a nut-free school. A listing of foods processed in a nut-free facility

- Fresh fruit
 - Please be mindful that if you are cutting fruit at home to ensure that surfaces and utensils are clean.
 - Safe apple sauce: Motts or GoGo Squeez
- Sensible Portions Veggie Sticks (sensibleportions.com)
 - Veggie Sticks: Sea Salt only
 - Apple Straws
 - Veggie Chips: Sea Salt only
 - Where to buy: Amazon or Local: Safeway, Target, Harris Teeter, Giant
- Enjoy Life Treats (enjoylifefoods.com/)
 - Chewy bars
 - Cookies (crunchy and soft)
 - Chocolate bars
 - Protein bites
 - Where to buy: Amazon, Whole Foods, CVS, Trader Joe's (limited to protein bites), Safeway, Harris Teeter, Giant
- Made Good Treats (madegoodfoods.com)
 - Cookies
 - Crispy squares
 - Granola bars
 - Where to buy: Amazon, Walmart or Local: CVS, Target, Giant, Whole Foods
- Better Bites Bakery Treats (betterbitesbakery.com/)
 - Brownies
 - Cake, Cakeballs or Cake Bites
 - Do Bites
 - Where to buy: Whole Foods
- Abe's Mini Muffins (abesmuffins.com)
 - Mini muffins: All flavors/varieties of muffins
 - Square Cakes and Pound Cakes: All flavors
 - Where to buy: Whole Foods, Mom's Organic Market

- Baked by Yael (bakedbyrael.com/)
 - Cake pops: All flavors
 - Pastries: All flavors/varieties
 - Bagels ARE NOT sesame free
 - Where to buy: Website, farmer's market, or in-person (DC)

- MidnighTreats (www.midnighttreats.com)
 - All cookies are vegan, sesame-free, peanut-free, and tree-nut free
 - Some flavors change monthly
 - Where to buy: Website for mail order or local pickup, or in-person (Reston)

- Out of the Bubble | Allergy Friendly Bakery (<https://obubblebakery.com/>)
 - All products are dairy-, egg-, sesame-, legume-, shellfish-, and nut-free. Most products are vegan. Some products are gluten-free.
 - Can accommodate the following diets on request: soy-free, artificial dye-free, gluten-free (reach out to bakery to inquire about other dietary restrictions—may be able to accommodate them, but allow 8+ weeks for special orders)
 - Where to buy: In person (Springfield) for cupcakes, cookies, muffins, scones; Whole cakes and mini cupcakes only available with pre-order (limited spots available; allow 4-6 weeks for most pre-orders; special diets require 8+ weeks)