

jssa ABOUT JSSA

JSSA is a trusted community health and social wellness agency helping our neighbors and their families through their most vulnerable moments with warmth and acceptance. We've learned that everyone needs help at some point. Our goal is to make essential care and quality of life accessible to everyone.

Our programs and services help our neighbors in every age and stage of life.



MENTAL HEALTH SERVICES –

JSSA's team of clinical social workers, therapists, coordinators, and psychiatrists is compassionate and caring and prepared to support our neighbors' overall well-being. Our programs reduce stigma so people feel confident and able to access the support they need when they need it.

Services Include:

- Individual, relationship and family counseling
- Psychiatry
- Workshops and groups
- Psychological testing
- School-based counseling and therapy programs



EMPLOYMENT SERVICES –

Our jobs-and skills-training services, train-to-hire programs, and on-site job coaching help our clients with disabilities achieve long-term career success and self-sufficiency.

Services Include:

- Pre-employment training
- Job search and placement
- Job coaching and retention



TRAINING INSTITUTE –

JSSA's Training Institute provides high-quality professional development opportunities to providers in the National Capital Region. In addition to JSSA staff, partners and community-based licensed mental health professionals benefit from our affordable, high-quality training opportunities that enable them to obtain CEU's needed to maintain their licensure. We also offer an internship/field placement program for students.



AGING IN PLACE – We empower older adults to safely and independently age at home, so they maintain their dignity and respect as they address complex challenges.

Services Include:

- Meal delivery
- Financial assistance
- Social and educational programs
- Escorted door-through-door transportation



HOMECARE — JSSA caregivers visit older adults with complex needs and help them navigate daily activities at home as they navigate the physical, social, and emotional challenges of aging.

Services Include:

- Bathing, dressing, and transferring
- Meal preparation
- Medication management
- Light housework and laundry
- Transportation and shopping



HOSPICE — We support physical, emotional, and practical end-of-life needs with compassion and cultural sensitivity. Our steady presence helps our neighbors and their loved ones experience quality of life even during this most difficult moment.

Services Include:

- 24/7 medical oversight
- Nutritional guidance
- Emotional and spiritual support
- Pain management and symptom control
- Volunteer visits
- Provision of medications, medical supplies, and durable medical equipment
- 13 months bereavement support after death



FAMILY SUPPORT SERVICES —

Our team of educators and support professionals provide compassionate and thoughtful care to families working to build healthier relationships and seeking greater success in work and at school.

Services include:

- English as a Second Language classes
- Early childhood intervention
- Family support programming
- Play center in circuit court
- Supervised visitation
- Monitored custody exchange



HOLOCAUST SURVIVOR PROGRAM —

We are committed to providing services for Holocaust survivors who need assistance to live independently in our community.

Services include:

- Ongoing care coordination
- Personal care assistance
- Escorted transportation
- Meal delivery
- Social activities
- Advance care planning



To find out how JSSA can support you and your family,
CALL US TODAY AT 240-800-JSSA.
JSSA.ORG

Recognizing our shared humanity, JSSA empowers individuals and their families to enhance well-being across all ages and stages of life.