



## ***Calm Amid the Chaos: Being the Parent Teens Need in a Competitive, Distracted, Divisive World***



Back by Popular Demand!

The Safe Community Coalition is pleased to welcome back Ned Johnson, best-selling co-author of *The Self-Driven Child*. Join us **Wednesday, November 20 at 7pm** at the McLean Community Center's Alden Theatre for ***Calm Amid the Chaos: Being the Parent Teens Need in a Competitive, Distracted, Divisive World***.

Learn what connects teen mental health and the motivational impacts of technology and social media, competitive schools and college pressure, and growing up in an unsettled and rapidly changing environment. Sharing insights from his latest book, *What Do You Say?: How to Talk with Kids to Build Motivation, Stress Tolerance, and a Happy Home*, Ned will provide tools for fostering close connections, navigating tough conversations, and helping teens feel grounded, understood, and resilient.

Well-known for his decades of experience in the fields of test preparation, anxiety management, and student performance, Ned coaches kids how to manage their stress while simultaneously motivating and empowering them to reach their full potential.

**Tickets on sale now at [McLeanSCC.org](https://McLeanSCC.org)**

Adults \$15/Students \$10 pre-sale or \$20 at the door. Event proceeds support SCC programs and educational efforts. This program is appropriate for parents/caregivers and middle to high school students. Books will be on sale and a book signing will immediately follow the program.

Ned is the founder of PrepMatters and has written for the New York Times, The Telegraph, U.S. News & World Report & The Washington Post. Ned has co-authored three books, including the national best-seller *The Self-Driven Child*. You can listen to Ned's monthly podcast: *PrepTalks* on Spotify, Apple Podcasts and other audio streaming services.

