

Bar/Bat Mitzvah Monthly Activity

Cohort Meeting #3



Tikkun Olam: Part II: Cohort Mitzvah Outing

The Cohort Mitzvah Outing is a fun way to help feed families in need, learn something about making a difference in the world, and get to know the other students who are becoming B'nai Mitzvah around the same time as you.

We have set up a group event for you at AFAC, the Arlington Food Assistance Center, on one of the Sundays of month 8, from 1:30-3:30 pm.

You will have received an email during month 9 with specifics on the date that has been chosen for this month and the link to sign up. (If you do not have the email, please contact our office.)

AFAC is a community-based non-profit that provides supplemental groceries to Arlington families in need.

We need every Bar and Bat Mitzvah student who is able to sign up for this activity to make it a success. Each student should be accompanied by a parent. Once the signups are complete and coordinated with AFAC, we will let you know the final details. Depending on current needs, you will either be sorting or bagging food or helping the Center in another way.

Just as your individual Mitzvah Project helps you apply your Jewish values in a concrete and in-depth way, this Cohort Mitzvah Outing gives you a chance to do the same in connection with your community – and your own peers. Have a great time!



Monthly Service Attendance



MACHBERET T'FILLAH: SERVICE JOURNAL *8 Months Before the Bar/Bat Mitzvah*

Attend one or both of our alternative services at Temple Rodef Shalom.
There are two alternative services:

Parallel Shabbat Morning Minyan Service

Takes place on the third Saturday of the month (10:30 am) in the Multi Purpose Room or Social Hall, while the main service is going on in the main sanctuary. What is different about this service, compared to the main service? What do you like? What do you not like? Did you participate in any way? Would you be interested in reading your Torah portion next year at the Minyan service?

Bo'i Shabbat - Friday Evening Alternative Service

Takes place on the first Friday of the month (6:45 pm) in the Multi Purpose Room, prior to the main Family Shabbat service in the sanctuary. This service is geared for adults and has a musical, participatory flavor. What is different about this service, compared to the main service? What do you like? What do you not like? Did you participate in any way?