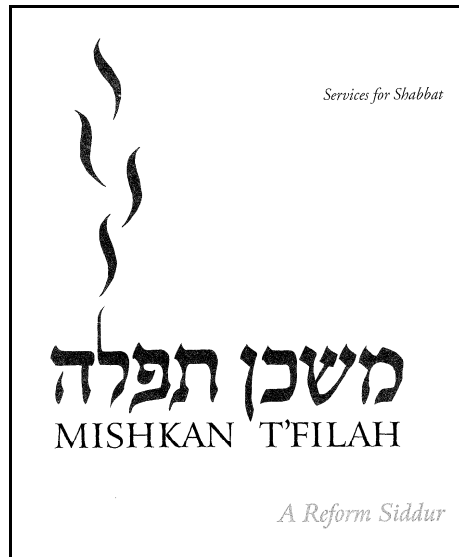


Name _____

Temple Rodef Shalom B'nai Mitzvah Program



Saturday Morning Bar/Bat Mitzvah Prayerbook

Morning Prayer Packet

B



Temple Rodef Shalom

Revised: January, 2015

Adonai Sefatai Tiftach

Student B begins after Cantor sings Mi Chamocha and the congregation rises.

SLOW
LOUD
CLEAR

Say: ***"We continue with the T'filah, on page 205.***

Please join me as we chant the prayers on the next 3 pages together."

אֲדֹנָי, שִׁפְתַי תִּפְתַּח,

וּפִי יַגִּיד תְּהִלָּתְךָ.

Adonai, open up my lips,
that my mouth may declare Your praise.



Avot

bow bend knees

בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,
אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק וְאֱלֹהֵי יַעֲקֹב,
אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.
הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיוֹן,
גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל,
וְזוֹכֵר חֲסָדֵי אֲבוֹת וְאִמּוֹת,
וּמְבִיא גְּאֻלָּה לְבָנֵי בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.
מְלַךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגִן.

bow bend knees

בְּרוּךְ אַתָּה, יי, מְגִן אַבְרָהָם וְעֵזֶרְתָּ שָׂרָה.

SOURCE OF ALL BEING, we turn to you as did our people in ancient days. They beheld You in the heavens, they felt You in their hearts, they sought You in their lives. Their quest is ours.

Say: **"Together"**

Help us to see the wonder of being. Give us the courage to search for truth. Teach us the path to a better life. So shall we, by our lives and our labors, bring nearer the world we envision, one of justice, freedom and peace.

Say: **"We continue together on the next page with Gevurot."**



(Do not read aloud.) *Translation of Avot:* Blessed are You, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, the great, mighty and awesome God, transcendent God who bestows lovingkindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name. Sovereign, Deliverer, Helper and Shield, Blessed are You, Adonai, Sarah's Helper, Abraham's shield.

אַתָּה גְבוּר לְעוֹלָם, אֲדֹנָי, מְחַיֶּה הַכֹּל אֶתָּה,
רַב לְהוֹשִׁיעַ.

מְשִׁיב הַרְיֹחַ וּמוֹרִיד הַגֶּשֶׁם. - winter*

מוֹרִיד הַטֶּל. - summer*

מְכַלְכֵּל חַיִּים בְּחֶסֶד,
מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים,
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים,
וּמְקַיֵּם אֲמוּנָתוֹ לַיֹּשְׁנֵי עָפָר.
מִי כְמוֹךָ בְּעַל גְּבוּרוֹת וּמִי דוֹמָה לָךְ,
מְלַךְ מִמִּית וּמְחַיֶּה וּמְצַמֵּחַ יְשׁוּעָה.
וּנְאֻמָּן אֶתָּה לְהַחְיֹת הַכֹּל.
בְּרוּךְ אַתָּה, יְיָ, מְחַיֶּה הַכֹּל. no bowing

Say: **“We continue with the Kedusha on page 208.”**

(Do not read aloud.) *Translation of Gevurot:* You are forever mighty, Adonai; You give life to all.

*Winter [*Simchat Torah to Pesach]:* You cause the wind to shift and the rain to fall.)

*Summer [*Pesach to Simchat Torah]:* You rain dew upon us.

You sustain life through love, giving life to all through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all? Blessed are You, Adonai, who gives life to all.

(Blessing to Conclude K'dusha, See Below)

Cantor sings K'dushah:

נְקַדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם, כְּשֵׁם שְׁמֶךָ דְּיָשִׁים אוֹתוֹ בְּשָׁמַי מְרוֹם,
כְּפָתוּב עַל יַד נְבִיאָךָ, וְקָרָא זֶה אֵל זֶה וְאָמַר:

קְדוֹשׁ קְדוֹשׁ קְדוֹשׁ יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ.

אֲדִיר אֲדִירָנוּ, יְיָ אֲדִירָנוּ, מִה־אֲדִיר שְׁמֶךָ בְּכָל־הָאָרֶץ!

בְּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ:

אָחַד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מְלַכְנוּ, הוּא מוֹשִׁיעֵנוּ,
וְהוּא יִשְׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָּל־חַי: אֲנִי יְיָ אֱלֹהֵיכֶם.

יְמִלְךָ יְיָ לְעוֹלָם, אֱלֹהֶיךָ צִיּוֹן לְדֹר וָדֹר, הַלְלוּיָהּ.

לְדֹר וָדֹר נְגִיד גְּדֻלָּךְ וּלְנֶצַח נְצָחִים קִדְשְׁתָּךְ נְקַדִּישׁ, וְשִׁבַּחְךָ אֱלֹהֵינוּ מִפִּינוּ
לֹא יִמוּשׁ לְעוֹלָם וָעֶד, כִּי אֵל מְלֶכֶךְ גָּדוֹל וְקְדוֹשׁ אַתָּה.
בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

Student B Continues:

Say: **"Page 210."**

TO ALL GENERATIONS we will make known Your greatness, and to all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips. Blessed are You, Adonai, the Holy God.

בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

Say: **"Please be seated."** (Pause)

"We continue with the singing of Yismechu on page 211."

Cantor sings Yism'chu:

יִשְׁמְחוּ בְּמַלְכוּתְךָ שׁוֹמְרֵי שְׁבֵת וְקוֹרְאֵי עֲנִי,

עִם מְקַדְּשֵׁי שְׁבִיעֵי, בְּכֵלם יִשְׁבְּעוּ וְיִתְעַנְּגוּ מִטוֹבְךָ,

וְהַשְׁבִּיעֵי רְצִיתָ בּוֹ וְקִדְשְׁתָּו, חֲמִידַת יָמִים אוֹתוֹ קָרָאתָ, זִכָּר לְמַעֲשֵׂה בְּרֵאשִׁית.

KADSHEINU

Student B Continues:

THOSE WHO KEEP Shabbat by calling it a delight
will rejoice in Your realm. The people that hallows Shabbat
will delight in Your goodness. For,
being pleased with the Seventh Day,
You hallowed it as the most precious of days,
drawing our attention to the work of Creation.

Say: ***“Please join me in singing Kad’sheinu:”***

אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,
רָצָה בְּמִנוּחָתֵנוּ. קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ וְתַן חֵלְקֵנוּ בְּתוֹרָתֶךָ,
שְׂבַעֲנוּ מִטוֹבֶךָ, וְשִׂמְחָנוּ בִּישׁוּעָתֶךָ,
וְטַהַר לִבֵּנוּ לְעִבְדֶּךָ בְּאֵמֶת,
וְהִנְחִילֵנוּ, יי אֱלֹהֵינוּ, בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קִדְּשֶׁךָ
וַיְנַוְחוּ בָּהּ יִשְׂרָאֵל, מִקְדָּשֵׁי שְׁמֶךָ.
בְּרוּךְ אַתָּה, יי, מִקְדָּשׁ הַשַּׁבָּת.

(Do not read aloud.) *Translation of Kadsheinu:* Our God and God of our ancestors, be pleased with our rest. Sanctify us with Your mitzvot, and grant us a share in Your Torah. Satisfy us with Your goodness and gladden us with Your salvation. Purify our hearts to serve You in truth. In Your gracious love, Adonai our God, grant us Your holy Shabbat as a heritage. May Israel who sanctifies Your Name rest on Shabbat. Blessed are You, Adonai, who sanctifies Shabbat.

Student B returns to seat.