

PARASHAT BERESHIT

Genesis 1:1–6:8

Bereshit may be translated as “In the beginning” or “At first.” The Torah begins by telling us how God created the heavens and earth, human beings, and the Sabbath. It continues with the stories of Adam and Eve in the Garden of Eden and of their sons, Cain and Abel, and it concludes with the report that God regretted having created human beings because of all their wickedness. For that reason, God decided to destroy everything on earth except for Noah and his family.
