

Name _____ Tutor _____



Bar/Bat Mitzvah Prayer Packet

Mincha Student

B

According to *Mishkan T'filah*

Corresponding to the Liturgy CD Recorded by
Cantor Michael Shochet



Temple Rodef Shalom

Prayer Tracking Chart

KEEP TRACK OF THE PRAYERS YOU HAVE LEARNED SO FAR. HAVE YOUR TUTOR CHECK THEM OFF WHEN THEY ARE COMPLETED. REMEMBER TO CONTINUE TO PRACTICE THEM REGULARLY UNTIL YOUR SERVICE!

Mincha (Afternoon) Student B

Prayer	Completed	Approval by Tutor	Notes
Torah Blessing Before			
Torah Blessing After			
Kiddush for Friday Night			
G'vurot			
Kad'sheinu			
Modim			
Other Hebrew:	Completed	Tutor Approval	Notes
Torah Aliyah #1			
Torah Aliyah #2			
Torah Aliyah #3			
Other Items:	Completed	Notes	
Torah Introduction			
Speech			

Blessing Before Reading of Torah

TRACKS 1-2 ON STUDENT B MINCHA CD

PAGE 368 IN MISHKAN T'FILAH

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ.

TRACK 1

Congregation:

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

TRACK 2

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים,

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

בְּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.

Bless Adonai who is blessed.

Blessed is Adonai who is blessed now and forever.

Blessed are You, Adonai our God, Sovereign of the universe,
who has chosen us from among all peoples, and given us the Torah.

Blessed are You, Adonai, who gives the Torah.

Blessing After Reading of Torah

TRACKS 3-4 ON STUDENT B MINCHA CD
PAGE 368 IN MISKAN T'FILAH

בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

TRACK 3

אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,

וְחַיֵּי עוֹלָם נָטַע בְּתוֹכָנוּ.

TRACK 4

בְּרוּךְ אַתָּה, יי, נוֹתֵן הַתּוֹרָה.

Blessed are You, Adonai our God, Sovereign of the universe,
who has given us a Torah of truth, implanting with us eternal life.
Blessed are You, Adonai, who gives the Torah.

Kiddush for Friday Night

TRACKS 5-10 ON STUDENT B MINCHA CD

PAGE 123 IN MISHKAN T'FILAH OR PAGE 105 IN THE FAMILY SHABBAT PRAYER BOOK

Praise to You,
Adonai our God,
Sovereign of the
universe, Creator of
the fruit of the
vine.

בְּרוּךְ אַתָּה, יי

TRACK 5

אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

בוֹרֵא פְּרֵי הַגֶּפֶן.

Praise to You,
Adonai our God,
Sovereign of the
universe, who
finding favor with
us, sanctified us
with mitzvot. In
love and favor You
made the holy
Sabbath our
heritage as a
reminder of the
work of Creation.
As first among our
sacred days, it
recalls the Exodus
from Egypt. You
chose us and set us
apart from all the
peoples. In love and
favor You have
given us Your holy
Shabbat as an
inheritance. Praise
to You, Adonai, who
sanctifies Shabbat.

בְּרוּךְ אַתָּה, יי

TRACK 6

אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בָּנוּ,

וְשַׁבַּת קִדְּשׁוֹ

TRACK 7

בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ

זְכוֹרֵנוּ לְמַעֲשֵׂה בְּרֵאשִׁית.

כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ,

TRACK 8

זְכוֹר לִיצִיאַת מִצְרַיִם,

כִּי בָנוּ בְּחֵרְתָּ, וְאוֹתָנוּ קִדְּשָׁתָּ

TRACK 9

מִכָּל הָעַמִּים.

וְשַׁבַּת קִדְּשְׁךָ

TRACK 10

בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָתָנוּ.

בְּרוּךְ אַתָּה, יי, מִקְדֵּשׁ הַשַּׁבָּת.

G'vurot

TRACKS 11-17 ON STUDENT B MINCHA CD
PAGE 348 IN MISHKAN T'FILAH

אַתָּה גְּבוּר לְעוֹלָם, אֲדֹנָי, TRACK 11

מַחֲיֵה הַכֹּל אֶתָּה,

רַב לְהוֹשִׁיעַ.

*winter** - מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם. TRACK 12

*summer** - מוֹרִיד הַטַּל. TRACK 13

מְכַלְכֵּל חַיִּים בְּחַסֵּד, TRACK 14

מַחֲיֵה הַכֹּל בְּרַחֲמֵי רַבִּים,

סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים,

וּמְקִיִּים אֲמוֹנָתוֹ לִישְׁנֵי עֶפְרָיִם. TRACK 15

מִי כְמוֹךָ בַּעַל גְּבוּרוֹת וּמִי דוֹמָה לָךְ, TRACK 16

מְלֶכֶךְ מִמִּית וּמַחֲיֵה וּמְצַמִּיחַ יְשׁוּעָה.

וְנֶאֱמָן אֶתָּה לְהַחֲיֹת הַכֹּל. TRACK 17

בְּרוּךְ אַתָּה יְיָ, מַחֲיֵה הַכֹּל.

You are forever mighty, Adonai; You give life to all. (Winter: You cause the wind to shift and rain to fall; Summer: You rain dew upon us.) You sustain life through love, giving life to all through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all? Blessed are You, Adonai, who gives life to all.

*Winter: Use this line from Simchat Torah to Pesach; Summer: Use this from Pesach to Simchat Torah

K'dushat Hayom: Kad'sheinu

TRACKS 18-21 ON STUDENT B MINCHA CD
PAGE 352 IN MISHKAN T'FILAH

אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,

TRACK 18

רְצֵה בְּמִנוּחַתֵּנוּ.

קִדְּשֵׁנוּ בְּמִצְוֹתֶיךָ

וְתֵן חֶלְקֵנוּ בְּתוֹרַתֶךָ,

שְׂבַעֲנוּ מִטוֹבֶךָ,

TRACK 19

וּשְׂמַחֲנוּ בִישׁוּעָתֶךָ,

וְטַהַר לִבֵּנוּ לְעִבְדֶּךָ בְּאֵמֶת,

וְהִנְחִילֵנוּ, יי אֱלֹהֵינוּ,

TRACK 20

בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קִדְּשֶׁךָ,

וַיְנַוְחוּ בָּהּ יִשְׂרָאֵל מִקְדָּשֵׁי שְׁמֶךָ.

TRACK 21

בְּרוּךְ אַתָּה, יי, מִקְדָּשׁ הַשַּׁבָּת.

Our God and God of our ancestors, be pleased with our rest. Sanctify us with Your mitzvot, and grant us a share in Your Torah. Satisfy us with Your goodness and gladden us with Your salvation. Purify our hearts to serve You in truth. In Your gracious love, Adonai our God, grant us Your holy Sabbath as a heritage. May Israel who sanctifies Your Name rest on Shabbat. Blessed are You, Adonai, who sanctifies Shabbat.

Modim

TRACKS 22-24 ON STUDENT B MINCHA CD
PAGE 356 IN MISHKAN T'FILAH

Student Reads in Hebrew:

מוֹדִים אֲנַחֲנוּ לָךְ, TRACK 22

שֶׁאַתָּה הוּא, יי אֱלֹהֵינוּ
וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,
לְעוֹלָם וָעֶד.

צוּר חַיֵּינוּ, מִגֵּן יִשְׁעֵנוּ, TRACK 23

אַתָּה הוּא לְדוֹר וָדוֹר.

Student continues in english and then chants the Chatimah:

בְּרוּךְ אַתָּה, יי, TRACK 24

הַטּוֹב שְׂמִיךְ וְלֶךְ נֶאֱחָה לְהוֹדוֹת.

We acknowledge with thanks that You are Adonai, our God and the God of our ancestors forever. You are the Rock of our lives, and the shield of our salvation in every generation. Blessed are You, Adonai, Your Name is Goodness, and You are worthy of thanksgiving.